**QUESTIONNAIRE**

Below are the list of questions we would like you to address. Please be 100% honest in your opinions since it will only help us to improve. If you would like to leave out your name that is also ok. Please reply with below either by email or normal post.

Email Address for reply: [manishamal@gmail.com](mailto:manishamal@gmail.com) or [kameshno1@gmail.com](mailto:kameshno1@gmail.com)

Normal Post: NRAI House, 51-B Tughlakabad Institutional Area, New Delhi-110062.

Name:

Event:

1. How would you rate your overall performance over the last 4 years?
2. How would you rate your progress over the last 2 years?
3. What do you think your strengths are?
4. How do you think you could best maximize your potential over the next 4 years?
5. If you participated in the 2016 Olympics Games how were your preparations? Were you satisfied with your results? Please state your reason why or why not.
6. What would you do differently over the next Olympic cycle?
7. What do you think the NRAI can do to assist you reach your ultimate goal?
8. What do you think are the drawbacks in the present system?
9. How would you like the NRAI to improve?
10. What is your opinion on coaching camps? How long would you like your coaching camps to be?
11. Any other suggestions you may have