**SPORTS AUTHORITY OF INDIA**

Human Performance Lab, J.N. Stadium, New Delhi

Email - hpl.smc@gmail.com

**PROTOCOL FOR TAKING HAND AND WRIST X RAY OF THE LEFT HAND OF THE ATHLETE**

1. **The centre should have digital X-Ray facility.CR or DR. preferably DR.**
2. **Image of left hand and wrist should be taken. The wrist part should be cover 2 inches from the hand**.
3. **Images should be transferred online in DICOM and JPEG format.**
4. **Images should also be given in a CD/DVD/Pen Drive**
5. **Athletes should be made to wear a lead gown to reduce the radiation effect on other body parts.**
6. **Correct name and Date of Birth of the athlete should be written on the image.**
7. Personal details form, Consent form should be attached with report.
8. Height and Weight are necessary, so insure height and weight should be mention in the form.
9. Insure that Certificate of Radiology test  (Undertaking form signed by Competent Authority) should be attached with report.
10. Date of Birth Certificate and Aadhar card / Any other ID proof should be attached