

19th Asian Games Hangzhou 2022

September 23-October 08, 2023

TEAM INDIA

MEDIA GUIDE SHOOTING





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The National Rifle Association of India



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President's Message



Shri. Kalikesh Narayan Singh Deo Senior Vice President, NRAI The 19th Asian Games begin in Hangzhou, China, from September 23, 2023 and the Indian Shooting squad is ready to fly the tri-color high on a global stage yet again.

Beginning with its first medal at the 1974 Tehran Asiad, India has so far notched up 58 medals in Shooting at the Games, including nine gold. Our best effort was in the 2006 Doha Asiad where we won 14 medals including three gold. In the previous 2018 Jakarta Asiad, we had our second-best-ever performance winning two gold, four silver and three bronze medals.

The team and the coaches have promised me that this year will be better and I have no reason not to believe the most talented and dedicated Olympic sports squad in the country.

With the blessing of the Government of India and the unwavering support from the Ministry of Youth Affairs & Sports and the Sports Authority of India, we believe we have more than an even chance of creating history at Hangzhou.

We appeal to all, including our dear friends in the media, to come together as they always have and support our Shooting Stars in their quest for glory. Jai Hind!

Secretary General's Message

Riends, Indian Shooting has come a long way today. From being a sport of one or two stars to today, being a powerhouse in the world.

Indeed, in the upcoming 19th Asian Games in Hangzhou, China, it will be difficult to pinpoint which Indian shooter will win a medal given all are capable to win on their day.

A lot of credit for this goes to our coaches and support staff. A High Performance Team under the renowned Dr. Pierre Beauchamp has also been a welcome addition in recent times and it is no surprise then, that we have had our best International year in recent memory.

The Asian Games holds pride of place in the heart of every sport loving Indian and every athlete recognizes that. As our select 33 embark upon yet another Asian Games campaign, we are confident that like every time, they will raise their level for the love of the flag.

The squad is happy, together and ready. The Government of India and the Ministry of Youth Affairs & Sports and the Sports Authority of India, have done all that they could and more like always.

We now look forward to, with the support of all you our fellow citizens, for a historic Asian Games campaign in Shooting.



Kanwar Sultan Singh Secretary General, NRAI

In Focus Hangzhou 2022 Asian Games

The 19th Asian Games in Hangzhou, China, will feature 40 sports in 61 disciplines. The Olympic sport of Shooting will see 27 gold medals awarded, with the 33-member Indian squad vying for a total 51 possible medals across the Rifle, Pistol and Shotgun disciplines in individual, team and mixed team competitions.

The squad will compete at the Fuyang Yinhu Sports Center ranges in 12 men's and women's individual and team events as well as three mixed team events.

The Shooting competitions begin on September 24, ending October 01, 2023. Over 400 shooters are expected to compete.

Indian shooters are expected to face stiff challenges, not only from Asian shooting powerhouses like China, South Korea and Japan, but also from emerging shooting nations like Chinese Taipei, Iran, Malaysia and Thailand among others.

With the reintroduction of team events after a gap of two Asiads however, India's medal tally is expected to go up from previous years.

Flashback Indian Shooting @ Asian Games

The legendary Karni Singh, began India's medal hunt in Shooting at the Asian Games, when he bagged a silver in the Men's Trap at the 1974 Tehran Asiad. Since then, India has medaled in Shooting in every Asiad and have won a further 57 medals including nine gold medals.

Here is an account of Indian Shooting's medal tally since the 1974 Tehran Games:

Year	Gold	Silver	Bronze	
1974		1	1	
1978	1	PARTY A		
1982	XATIVE	2	1	
1986	<u></u>	1	2	
1990	The m	X S Y	1	
1994	1		1	
1998		2	1	
2002		2	M. P.	
2006	3	5	6	
2010	uolon.	3	4	
2014	1	1	7	
2018	2	4	3	
Total	9	21	28	

Taking Aim The Hangzhou Schedule

Here is India's Shooting schedule for the Hangzhou 2022 Asian Games

19th Asian Games, Hangzhou 2022 (Sep 23-Oct 08, 2023)

(Schedule: India @ Shooting)

Date	Event	Cat	Comp	Time (IST)
September 24	10m Air Rifle	w	Qualifiers Final	6:00 am 9:15 am
September 25	10m Air Rifle	4	Qualifiers	6:30 am
	arm Danid Fire Distel	М	Final	9:00 am
	25m Rapid Fire Pistol		Final	11:30 am
September 26	10m Air Rifle Mixed Team	LA OVA	Qualifiers	6:30 am
		M/W	Final	9:30 am
September 27	50m Rifle 3 Positions	w	Qualifiers	6:30 am
		-	Final	9:30 am
	25m Pistol	W	Final	12 noon
	Skeet	W	Final	12 noon
	Skeet	M	Final	1:00 pm
September 28	Air Pistol	М	Qualifiers	6:30 am
			Final	9:00 am
	Skeet Mixed Team	M/W	Final	11:30 am
September 29	Air Pistol	w	Qualifiers	6:30 am
		ייטט	Final	9:00 am
	50m Rifle 3 Positions	M	Qualifiers	6:30 am
			Final	11:30 am
September 30	Air Pistol Mixed Team	MOY	Qualifiers	6:30 am
		M/W	Final	9:05 am
October 01	Trap	w	Final	12:30 pm
		М	Final	1:30 pm

Pellets Indian Shooting Fun-facts @ Asian Games

- Shooting ranks as India's third most successful sport at the Asian Games, following Athletics and Wrestling.
- India holds the seventh position in the overall medal count at the Asian Games.
- When it comes to performance, India stands eighth among all nations participating in the Asian Games.
- India boasts a remarkable record with nine gold medals and eleven gold medallists in shooting at the Asian Games
- Since 1974, India has medalled in every Asian Games edition in Shooting

Top Guns Indian Shooting Legends @ Asian Games



Pathbreaker: First ever gold in Shooting at the 1978 Bangkok Games in Men's Trap

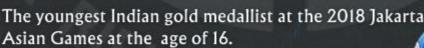
Raia Randhir Singh

The star & most successful Indian shooter at the Asian Games with four gold medals across two Asiads.





Trailblazer: First-ever Indian Woman Medalist & the first Rifle medalist at the Asian Games.







The youngest Indian medallist at the 2018 Jakarta Asian Games at the age of 15.

Know Your Hangzhou 2022 Asiad Shooting Stars Men's Rifle

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Akhil Sheoran

RIFLE SHOOTER AGE: 28 WORLD RANKING IN

WORLD RANKING IN
50M RIFLE 3 POSITIONS (3P):14

Hailing from Baraut and residing in Delhi, Akhil epitomizes the pursuit of perfection in marksmanship. Known for his methodical approach, Sheoran's recent triumph at the challenging Baku Olympic Shooting Range at the ISSF World Championships, resulted in a memorable bronze medal and secured a coveted quota for the Paris Olympics.

Guided by his coach Deepali Deshpande, Sheoran strikes a delicate balance between meticulousness and adaptability.

Inspired by Abhinav Bindra's success, he embarked on his shooting journey in 2008, aiming to make a similar impact on India's sporting legacy.

Hobbies: Cycling, gaming and Outdoor sports

Sports Idol: Gagan Narang, Novak Djokovic

Rudrankksh Balasaheb Patil



RIFLE Shooter Age: 19

WORLD RANK:

Rudrankksh Balasaheb Patil from Thane has earned his place among India's top prospects for the Paris 2024 Olympics. Despite initially finding shooting boring, he now embraces the sport and holds an Olympic quota and the title of world champion.

Known for his love for food, he balances his diet with rigorous training. Winning a gold at the ISSF World Championships in Cairo last year was a feat which catapulted him to the highest echelons of the sport.

Beyond his shooting accomplishments, he remains grounded, openly sharing his love for Marvel's cinematic universe. Under the guidance of his coach, Ajit Patil, Rudrankksh is determined to excel on the world stage.

Hobbies: Cooking

Sports Idol: Michael Phelps

Divyansh Singh Pantoar

RIFLE SHOOTER AGE: 20 WORLD RANK:

10M AIR RIFLE: 38

Divyansh Singh Panwar is from Jaipur and specializes in the 10-meter air rifle event. He has made significant contributions to Indian shooting, winning numerous medals in prestigious competitions at both the junior and senior levels.

He has five golds, one silver and one bronze medal in Olympic events at ISSF World Cups and World Cup Finals, besides also being an Asian Champion and former world number one. He became an Olympian after he secured a quota place for India at the 2020 Summer Olympics in Tokyo, by winning the silver medal in the 10-meter air rifle at the 2019 ISSF World Cup in Beijing.

His journey in shooting began in 2014, and since then, he has consistently excelled, setting world junior records and achieving remarkable success at various championships.

Hobbies: Listening to Music and Playing Guitar



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RIFLE SHOOTER AGE: 22

WORLD RANK: 50M RIFLE 3 POSITIONS (3P): 8 10M AIR RIFLE: 102

Aishwary Pratap Singh Tomar is a promising Indian sport shooter specializing in the 50 metre rifle three positions event. He will however be also shooting the IOm air rifle in Hangzhou. He will be yet anotherOlympian in the Asian Games squad.

Hailing from Ratanpur village in Madhya Pradesh, he secured a bronze medal at the 2019 Asian Shooting Championships, earning India a quota place for the 2020 Summer Olympics.

Tomar set records by clinching gold at the 2019 ISSF Junior World Cup and bagged gold again at the 2021 ISSF World Cup in New Delhi. His remarkable achievements underscore his bright future in shooting.

Hobbies: Music and Gaming

Sports Idol: Virat Kohli



RIFLE SHOOTER AGE: 28 WORLD RANK:

50M RIFLE 3 POSITIONS (3P): 29

Swapnil, a distinguished Indian marksman, has firmly established himself as a force to be reckoned rifle shooting.

With an impressive career marked by exceptional achievements, Swapnil secured an Olympic quota in the men's 3P with a stellar fourth placed finish at the World Championship in Cairo, Egypt in 2022.

He has clinched medals in prestigious competitions, including an individual silver at the World Cup in Baku last year.

Swapnil's dedication and talent have propelled him into the ranks of elite shooters, making him a proud representative of Indian shooting on the global stage.

Hobbies: Car Driving, Esports Gaming and Cooking

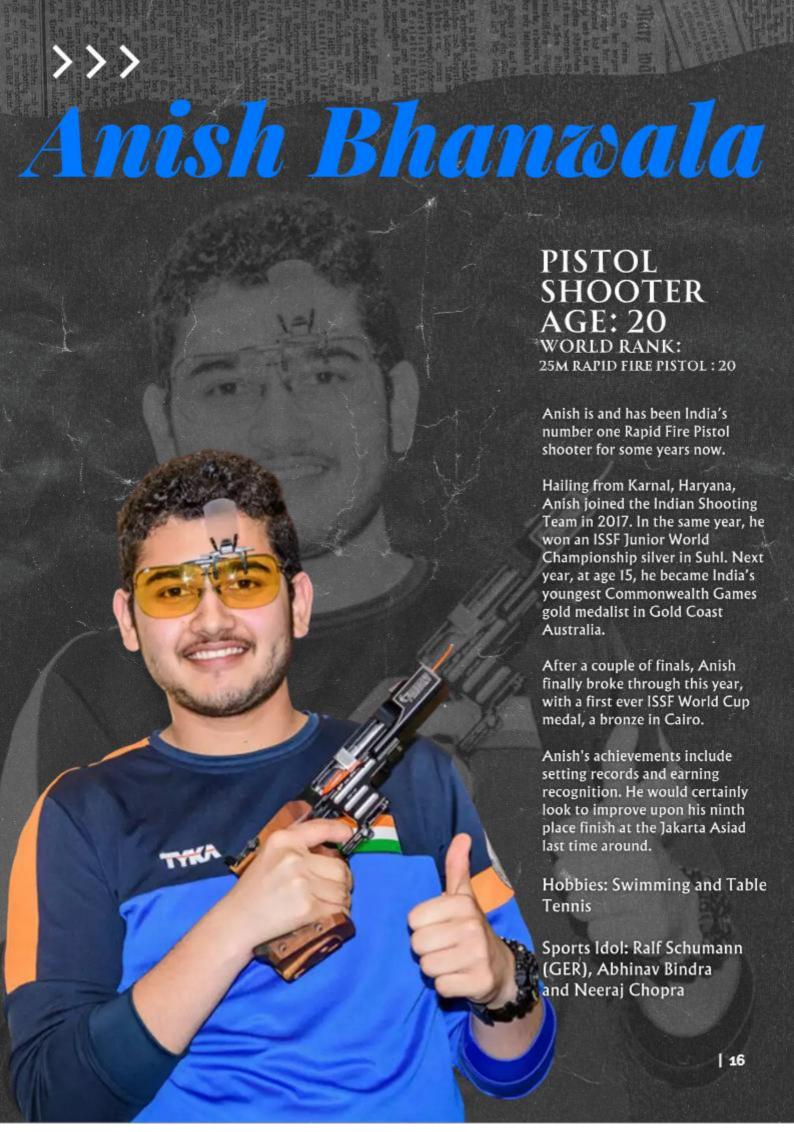
Sports Idol: Abhinav Bindra, Gagan Narang and MS Dhoni

Know Your Hangzhou 2022 Asiad Shooting Stars Men's Pistol

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PISTOL SHOOTER AGE: 22 WORLD RANK:

WORLD RANK:

Another Punjab shooter in the squad, Arjun Cheema excels in the IOm Air Pistol and 50m Pistol disciplines and has achieved remarkable success on both national and international platforms.

With guidance from coaches
Joshi Parvez and Kumar
Holinder, as well as mentorship
from National Coach Jaspal
Rana, Cheema has earned
medals at World
Championships and Asian
Championships. He is a twotime Junior World Champion in
the 50m Pistol.

He has also medalled at the Asian level twice before and will be looking to repeat those performances in Hangzhou.

Hobbies: Swimming and Gym

Sports Idol: Satgurdass





Adarsh Singh

PISTOL Shooter Age: 21

WORLD RANK: 25M RAPID FIRE PISTOL: 37

Adarsh Singh, is an accomplished Indian southpaw rapid-fire pistol shooter.

With notable achievements such as winning silver at the ISSF World Cup 2021 (New Delhi) in the 25m Rapid Fire Men Team Event, Adarsh has showcased his shooting prowess on the international stage.

He clinched gold at the South Asian Games 2019 and secured Bronze at the Asian Shooting Championship the same year. Adarsh's journey is marked by determination and a commitment to excellence, making him a promising talent in the world of shooting sports.

Hobbies: Badminton and Listening to Music

Sports Idol: Virat Kohli



Know Your Hangzhou 2022 Asiad Shooting Stars Men's Trap

PIELE ASSOCIATIVE

| 22



TRAP SHOOTER AGE: 36 WORLD RANK: TRAP: 7

Prithviraj Tondaiman, known as 'Pittu' in the shooting world, embodies sportsmanship and respect.

In 2023, his breakthrough year, this 36-year-old trap shooter has emerged as India's leading male talent in Trap.

He secured his second individual World Cup medal in Lonato, Italy, after claiming bronze in Doha earlier in the year.

Prithviraj showcased his excellence with two flawless qualification rounds, earning a spot in the finals. Despite a rocky start, he rebounded impressively to clinch bronze in both.

Watch out for him at the Shotgun ranges in Hangzhou.

Hobbies: Fishing, Safari and Cricket

Sports Idol: Russell Mark and Roger Federer

Zoravar Singh Sandhu

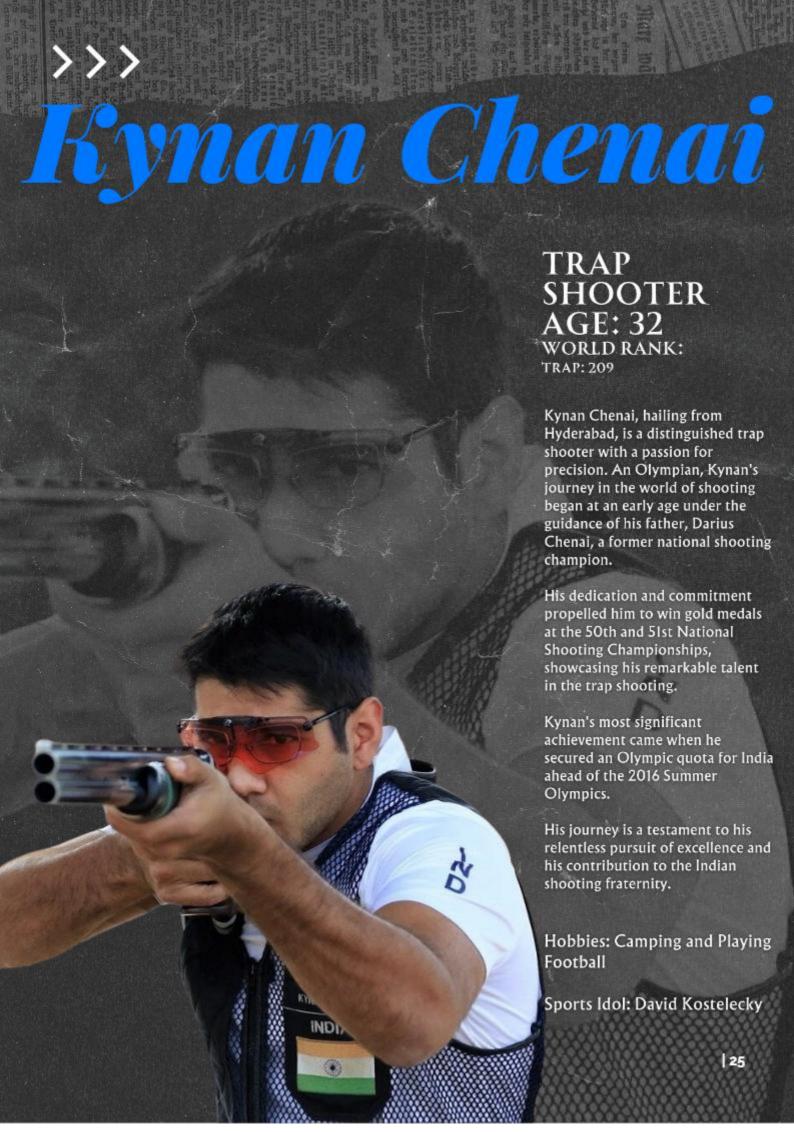
TRAP SHOOTER AGE: 46 WORLD RANK: TRAP: 70

Zoravar Singh Sandhu, a seasoned shooter in his mid-40s, displayed remarkable composure amidst challenging weather conditions at the National Games in Gujarat. Zoravar's unconventional shooting style, taking only a couple of seconds to fire a shot, stems from his background as a skeet shooter. He secured a silver medal in the men's trap final, proving that age is no obstacle to success.

Zoravar transitioned from skeet to trap shooting, following the advice of his family. While medals serve as milestones, he remains focused on his process and enjoys the sport, considering himself in the right event at the right age. He has two career ISSF World Cup medals.

Hobbies: Squash

Sports Idol: Late HH Dr Karni Singh Ji of Bikaner



Know Your Hangzhou 2022 Asiad Shooting Stars Men's Skeet

PIELE ASSOCIATIVE

| 26



SKEET SHOOTER AGE: 25 WORLD RANK: SKEET: 62

Anant Jeet Singh Naruka is a skeet shooter from Jaipur, India. Standing at 188 cm and weighing 63 kg, he's known for his precision in clay pigeon shooting.

Anant Jeet has been competing since 2013 and is coached by Dalpat Singh Naruka. His impressive achievements include winning gold in the men's skeet at the 59th National Shooting Championship (Shotgun). He has medals at Asian and ISSF meets at the junior level.

The Hangzhou Asiad presents yet another opportunity to break through at the senior level.

Hobbies: Travelling and Volleyball

Sports Idol: Ennio Falco

Angad Vir Singh Bajwa

SKEET SHOOTER AGE: 27 WORLD RANK:

SKEET: 85

Angad Vir Singh Bajwa is an accomplished Indian sport shooter specializing in the skeet discipline.

Angad boasts the world record for a perfect score of 60 out of 60 in the skeet final round.

His journey includes winning gold at the 2015 Asian Shooting Championships, creating history with India's first-ever gold in skeet at the 2018 Asian Shotgun Championships, and earning an Olympic quota place in the 2019 Asian Shooting Championships with yet another gold. He also has three ISSF World Cup medals including two gold in the Mixed Team and Team events.

Angad is a maverick skeet shooter and has been shooting well recently. Watch out for him at the Asian Games.

Hobbies: Fitness and Travelling

Sports Idol: Tore Brovold

Gurjoat Siingh Khangura

SKEET SHOOTER AGE: 29 WORLD RANK: SKEET:60

Gurjoat is a prominent Indian sport shooter specializing in skeet shooting.

He has made his mark in the world of shooting with impressive achievements. At the 2021 ISSF World Cup in Cairo, Khangura clinched the bronze medal in the Men's Skeet Team event.

He further solidified his position in the shooting world by winning the gold medal in the Men's Skeet Team at the ISSF World Cup in New Delhi in 2021, partnering with teammates Mairaj Ahmad Khan and Angad Vir Singh Bajwa.

Gurjoat's dedication and success in skeet shooting make him a medal prospect at the Hangzhou Asiad.

Hobbies: Trekking, Travelling and Cooking

Sports Idol: Milkha Singh

Know Your Hangzhou 2022 Asiad Shooting Stars Women's Rifle

PIFLE ASSOCIA

130

| 30

Sift Kaur Samra

RIFLE SHOOTER AGE: 22

WORLD RANK:

50M RIFLE 3 POSITIONS (3P):15

Sift Kaur Samra is a promising rifle shooter from Punjab. She recently secured her first individual podium finish at an ISSF World Cup, with a bronze in Women's 3P in Bhopal.

She followed that up with a fifth place finish at the Baku World Championships, winning a Paris Olympics quota place for the country in the process. She also won four medals in the ISSF Junior Cup at the hallowed Suhl last year, including gold.

Balancing academics and shooting, Sift faces the challenge head-on and continues to excel in her sport. Her achievements are a testament to her determination.

Her recent confidence and form augurs well for Hangzhou.

Hobbies: Dancing

Sports Idol: PV Sindhu

Ashi Chouksey

RIFLE SHOOTER AGE: 21

WORLD RANK:
50M RIFLE3 POSITIONS (3P):
54
10M AIR RIFLE: ##

A rising talent from Bhopal, Ashi, discovered her passion for sport shooting five years ago through the National Cadet Corps. Despite her relatively short journey in the sport, she has already claimed a gold medal in the 3P mixed team event (ISSF World Cup Baku 2022) and a bronze in the women's 3P team event (ISSF World Cup Changwon 2022). She has also earned two bronze medals at the Junior World Cup in Suhl, Germany.

Pursuing a Bachelors of Physical Education and Sports degree, Chouksey combines her academic pursuits with her aspirations to secure a quota for the 2024 Paris Olympics.

Her meticulous approach, including maintaining a dedicated diary, underscores her determination to excel in the sport.

Mehuli Ghosh

RIFLE SHOOTER AGE: 22 WORLD RANK: 10M AIR RIFLE:25

Mehuli Ghosh, a rising star in Indian sport shooting, has left her mark on the international stage. Notably, she secured a silver medal in Women's 10m Air Rifle at the 2018 Commonwealth Games in Australia and a Youth Olympic Games silver in Buenos Aires in the same year.

Mehuli's career began at the Serampore Rifle Club in 2014. Under the guidance of mentor Joydeep Karmarkar, she achieved significant success, including two World Cup medals and an Asian Champion title. Her dedication earned her recognition as the "Female Young Athlete of the Year" at the 2020 Sportstar Aces Awards.

Most recently, she won an ISSF World Championship bronze and a Paris Olympics quota place for the country at the Baku Worlds.

Hobbies: Cooking

Sports Idol: Abhinav Bindra

Ramita

RIFLE SHOOTER AGE: 19 WORLD RANK: 10M AIR RIFLE: 16

Ramita Jindal, yet another rifle shooting sensation from Haryana, recently clinched the gold medal in the junior women's air rifle at the ISSF World Shooting Championship in Cairo last year. In an intense final match tied at 12-12, Ramita displayed remarkable precision with scores of 10.8 and 10.7, securing her victory against China's Shen Ying.

With a current world ranking of nine in Women's 10m Air Rifle, Ramita has consistently excelled, earning two gold and one bronze medal at the Junior World Championships and team medals in ISSF World Cups at the senior level.

Her dedication and exceptional skills promise a bright future.

Hobbies: Shopping

Sports Idol: Anjum Moudgil



RIFLE Shooter Age: 22

WORLD RANK:

50M RIFLE 3 POSITIONS (3P):38

Manini Kaushik, a small-bore shooter from Jaipur, has carved a remarkable niche for herself in Indian sport shooting.

Alongside pursuing a BA LLB degree, Manini's extraordinary journey in shooting includes clinching national accolades and proudly representing India at international championships.

Her crowning glory came at ISSF World Championships in Changwon, South Korea in 2018, where she secured a gold medal in the Junior Air Rifle Team event and was also part of a junior world record in the process. This year, she reached her first senior ISSF World Cup final, registering a sixth place finish in Baku.

Manini serves as an inspiration with her unwavering dedication, discipline, and aspirations to excel both academically and athletically.

Hobbies: Dancing, Badminton, Listening to Music and Debating

Sports Idol: MS Dhoni and Virat Kohli

Know Your Hangzhou 2022 Asiad Shooting Stars Women's Pistol

PIELE ASSOCIATIVE

| 36

Esha Singh

PISTOL SHOOTER AGE: 18 WORLD RANK:

10M AIR PISTOL:30 25M PISTOL:34

The budding Indian Pistol Shooter hailing from Hyderabad, Esha discovered her passion for air pistol shooting at the Gachibowli Athletic Stadium. Her remarkable journey began with becoming the youngest national champion at 13. A blazing junior career followed where she secured 14 medals across ISSF World Championships, World Cups & Continental events, including being crowned Junior World Champion in the 25m Pistol. She was a part of India's core training team for the Tokyo Olympics. In her senior career, she broke through with a silver at the Cairo World Cup in 2022 and is a world champion in the 10m Air Pistol Mixed Team Olympic event, which she won with Shiva Narwal in Baku recently.

Recognized with the Pradhan Mantri Rashtriya Bal Puraskar in 2020, Esha exemplifies excellence in shooting sports. Her dedication and talent promise a bright future for Indian shooting on the global stage.

Hobbies: Painting, Sketching, Reading and Photography

Sports Idol: Anna Korakaki



PISTOL SHOOTER AGE: 21

WORLD RANK:

The prodigious Indian sport shooter, Manu, achieved unprecedented success at an early age. She is the youngest Indian Commonwealth Games champion, a Junior World Champion, Youth Olympics Champion, Junior Asian Champion, Asian Champion, World Cup Finals winner and a winner of 23 ISSF medals, 16 of them being gold.

Hailing from Haryana, Bhaker initially excelled in various sports, including martial arts and boxing, before turning her attention to competitive shooting. Bhaker's unwavering dedication and remarkable achievements solidify her status as a shining star in Indian shooting sports.

She likes big moments and Asian Games is a box she would like to tick. Watch out for her.

Hobbies: Reading and Working out



PISTOL SHOOTER AGE: 28 WORLD RANK:

10M AIR PISTOL:40

Divya T.S. is making her mark in the world of shooting with impressive achievements. Hailing from Karnataka, Divya secured her first women's 10m air pistol national title at the 65th National Shooting Championship Competitions. Divya's journey in shooting began only a few years ago, initially being a basketball enthusiast.

Despite financial constraints, her dedication has led her to success, including a bronze medal in the National Games.

She also tasted her first success in the international arena this year, winning the 10m Air Pistol Mixed Team Olympic event at the ISSF World Cup in Baku. Divya aspires to compete in World Cups and Olympic trials, aiming for international glory in the sport.

Hobbies: Travelling

Sports Idol: Michael Jordan and MS Dhoni

Palak

PISTOL Shooter Age: 17

WORLD RANK:

Palak, a promising teenage shooter hailing from Haryana, made a triumphant comeback at the Khelo India Youth Games 2022. Despite a previous shoulder injury that dashed her hopes at the national championships in Bhopal, she clinched the gold medal in the girls' 10m category at the same range.

Palak expressed her gratitude for the platform provided by Khelo India Youth Games and her excitement about the upcoming 2023 shooting competitions.

She broke into the senior squad in 2022 and has done well to hold her place winning as many as three ISSF medals in World Cups and World Championships in team and mixed team disciplines.

Alongside her shooting prowess, Palak is a diligent class 12 student with aspirations to excel in both academics and international shooting competitions.

Hobbies: Sketching and Reading

Sports Idol: Anna Korakaki

Know Your Hangzhou 2022 Asiad Shooting Stars Women's Trap

PIE ASSOCIATIVE

| 42

TRAP SHOOTER AGE: 31 WORLD RANK: TRAP: 35

Rajeshwari Ria Kumari is a distinguished Indian women's trap shooter and fashion designer hailing from Delhi.

As a Trap shooter, Ria, has excelled in both domestic and international arenas. At the Baku World Championships in August this year, she finished fifth in women's trap to book a ticket for the Paris Olympic games. She takes forward a glorious tradition, being the daughter of Raja Randhir Singh, Olympian and World Championship medalist.

Her impressive shooting career includes a gold medal at the Asian Online Shooting Championship in 2021 and a silver medal at the 2021 ISSF World Cup in Cairo, Egypt. When she takes aim in Paris, she will be only the second Indian woman to achieve this feat in women's trap.

Hobbies: Reading Books, Spirituality, Piano and Playing Other Sports

Sports Idol: Her Father Randhir Singh

43

Mamisha Keer

TRAP SHOOTER AGE: 24 WORLD RANK:

Manisha Keep, has swiftly climbed the ranks in women's trap. Hailing from Bhopal, she began her shooting journey in 2013. Her world ranking reflects her dedication and skill.

Notably, Manisha secured a gold medal at the ISSF World Cup in Delhi and a silver in Cairo in 2021, as part of India's women's trap team, shooting alongside Kirti Gupta and Rajeshwari Kumari. Before that she won a silver in the junior women's trap at the Changwon World Championships in 2018.

Her remarkable journey from humble beginnings to a top-tier shooter serves as an inspiration to aspiring athletes, and she continues to aim for greater success in the sport.

Hobbies: Volleyball and Dancing

Sports Idol: MS Dhoni and Virat Kohli



Know Your Hangzhou 2022 Asiad Shooting Stars Women's Skeet

PIFLE ASSOCIATION

| 46



Gamemat Sekhon

SKEET SHOOTER AGE: 22 WORLD RANK:

SKEET: 22

Ganemat Sekhon, hailing from Chandigarh, India, has emerged as a trailblazer in the world of women's skeet shooting. Born on November 29, 2000, she embarked on her shooting journey at a young age under her father's guidance.

In 2021, Ganemat made history by becoming the first Indian woman to win a medal in the women's skeet in an ISSF World Cup. Her remarkable achievements, including gold and silver medals at international competitions, highlight her dedication and exceptional talent.

Ganemat Sekhon is a rising star who promises to bring further glory to Indian shooting on the global stage.

Hobbies: Painting and Sketching

Sport's Idol: Neeraj Chopra

Parinaaz Dhaliwal



SKEET SHOOTER AGE: 21 WORLD RANK:

WORLD RANI SKEET:60

Parinaaz Dhaliwal, represents India in women's skeet with determination and talent. Born on November 30, 2001, Parinaaz has already made her mark by clinching a Bronze Medal in the junior women's skeet at the Asian Shotgun Championship in 2019. As a senior, she has a team silver in the ISSF New Delhi World Cup in 2021.

Her achievements also include three gold medals at the National Shotgun Championships, demonstrating her prowess and commitment to excellence on the national stage.

With a World Ranking of 55 in Skeet Women, Parinaaz Dhaliwal is poised to make her presence felt on the international skeet shooting circuit, aiming for more medals and recognition on the global stage.

Hobbies: Fitness Training

Sports Idol: Sarah Mardini, Yusra Mardini and her coach



National Rifle Association of India

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