

कमोडोर पुष्पेन्द्र कुमार गर्ग (सेवानिवृत्त)
मुख्य कार्यकारी अधिकारी (टॉप्स)
Cmde Pushpendra Kumar Garg (Retd.)
Chief Executive Officer (TOPS)



F.NO: SAI/TOPS/Athletes/CAIMS/2022-23

Date: 19-05-2022

To,

All Athletes under TOPS,

Subject: Regarding Central Athletes Injury Management System (CAIMS)

Dear Athlete,

Hope you are training well.

1. TOPS (Target Olympic Podium Scheme) is a flagship program of the Ministry of Youth Affairs and Sports which is an attempt to provide assistance to India's top athletes. Each TOPS athlete is a potential medal winner for the country. Winning medal at the international level in major tournaments requires an elaborate training plan with clear goals along with relentless efforts and discipline to achieve the same.
2. In this regard, injuries are part and parcel of an athlete's career in pursuance of excellence. Proper injury management therefore is of utmost importance. In June 2021, Central Athletes Injury Management System (CAIMS) was established as a referral-based injury and illness management system catering to athletes under TOPS programme training at various locations. The mandate covers entire gamut of injury management including prevention, diagnosis, treatment and rehabilitation.
3. However, it has come to the notice of the undersigned that the TOPS athletes are not fully utilizing the services under CAIMS. Furthermore, in certain cases deliberate attempts to hide injury has also come to the light. The matter is being taken up seriously.
4. In view of the above, you are advised to utilize the services under CAIMS. In case of injury, you are to first connect with your respective Athlete Relationship Manager (ARM), who will guide you through the seamless and hassle-free injury management process under CAIMS. Under no circumstances any TOPS athlete may hide his/her injury and is requested to report it immediately to his ARM for information, even when no intervention is being sought under CAIMS.

Please remember being injury free and return to play from injury both are our top priorities.

Wishing you all the best

Cmde PK Garg (Retd)
CEO (TOPS)

Copy to:

1. ED Teams, SAI
2. Jt. CEO (TOPS), SAI
3. All SDOs of TOPs & TEAMS Division, SAI
4. President/Secretary General of all concerned NSFs