

# The Playbook

(Version 1)

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## Introduction

The Playbook is the basis of our game plan to ensure 19th Asian Games Hangzhou 2022 participants stay safe and healthy this summer. The Playbook has been developed jointly by the Olympic Council of Asia (OCA) and the 19th Asian Games Hangzhou 2022 Organising Committee (HAGOC).

This Playbook sets out the responsibilities of athletes and team officials, and should be considered alongside wider information received from your National Olympic Committee (NOC). It will be regularly uploaded and updated as necessary between now and the Games.

The rules apply in the same way to every athletes and officials, regardless of your sport or where you are living- just as they apply to all other Games participants. Please take time to understand the plans, the steps you must take and the rules you must follow. It's crucial that you take personal responsibility for your part in the plan: You play a critical role in the delivery of a safe 19th Asian Games Hangzhou 2022, as athletes and team officials, you will set the standard!

## Who is this Playbook for?

### **Athletes and Team Officials**

Athletes (F)

Team Officials (FO)

Additional Team Officials (FX)

Personal Coaches, Training Partners (P)

Chef de Mission (B)

Deputy Chef de Mission, NOC Attaché (C)

### **Rights Holders (RT)**

Senior Management Personnel, Executive Producers, Producers, and Commentators of RT (RTa)

Technical Personnel and Photographers of RT (RTb)

Support Personnel of RT (RTc)

### **Host Broadcaster (HB)**

Senior Management Personnel, Executive Producers, Producers, and Commentators of HB (HBa)

Technical Personnel and Photographers of HB (HBb)

Support Personnel of HB (HBc)

### **International Federations (IFs) and Asian Federations (AFs)**

Technical Delegates (TD)

International Technical Officials (ITO)

National Technical Officials (NTO)

### **Doping Control Officers (DOP)**

Technical Delegates at Doping Control Stations

Technical Officials at the Doping Control Command Centre  
(DCCC)

Doping Control Station Managers (DCSM)

Doping Control Officers (DCO)

### **Official Prestige Partners (Sp)**

Official Prestige Partners (Sp)

Official Sponsors (Sp)

Official Exclusive Suppliers (Sp)

Official Non-exclusive Suppliers (Sp)

Licensed Enterprises (Ss)

### **OCA Family Members and Dignitaries**

OCA Family Members

International Dignitaries (including Sovereigns/Heads of State,  
Heads of Government, Members of Royal Family, and Sports  
Minister and Other Ministerial Level Officials)

Domestic Dignitaries

Domestic Guests Invited by HAGOC

IF/AF Presidents and Secretaries General and Their Entourage

**Press**

Journalists (E)

Local Journalists (Ex)

Specialist Press (ES)

Photographers (EP)

Local Photographers (EPx)

Specialist Photographers (EPs)

Technical Personnel (computer operators, electricians, lab personnel, photo editors, and technical staff) (ET)

Non-Rights-Holding Broadcasters (ENR)

The Playbook is jointly developed by the Olympic Council of Asia (OCA) and the 19th Asian Games Hangzhou 2022 Organising Committee (HAGOC) based on their analysis of the current COVID-19 countermeasures in China and foreseen situation at the time of the Games. Changes may need to be made in the future, in collaboration with relevant authorities, to ensure any evolution of conditions and regulations are fully taken into account.

When do elements of the Playbook come into effect?

<b>Before you travel</b>	<b>Entering China</b>	<b>Leaving China</b>
<p><b>Pre-departure tests:</b> You are required to take a COVID-19 (PCR or antigen) test within 48 hours of boarding. Airlines will not confirm the negative test result before boarding. The above requirements are subject to change in accordance with the relevant policies of the Ministry of Foreign Affairs and the</p>	<p><b>Playbook:</b> All principles and measures from the Playbook will come into effect, as applied at Games time.</p> <p><b>Quarantine upon entry:</b> If there are no issues in your health declaration or that arise during the standard customs check, you will be able to enter and be free to travel in China. You will receive a COVID-19 (PCR or antigen) test from the customs if your health declaration</p>	<p><b>COVID-19 test: not required.</b> HAGOC can arrange a PCR test and provide you with a hard copy of the test result in Chinese and English as needed for your international travel.</p>

<p>General Administration of Customs of China.</p> <p><b>Vaccination:</b> You are encouraged to get all of the recommended doses of COVID-19 vaccine that apply to you, as well as a booster dose, as soon as you are eligible to do so.</p> <p><b>Port of entry:</b> Hangzhou International Airport is the official port of entry and exit for Hangzhou Asian Games. You may also enter or leave China through recommended ports of entry and</p>	<p>requires it or you exhibit symptoms such as fever. If you receive a positive test result but have asymptomatic or mild COVID-19 (with no severe underlying conditions), you may isolate and take care of yourself at your place of residence/accommodation. If symptoms are severe, you are advised to immediately go to hospital for treatment. If your test result is negative, you will be subject to a routine customs check, as per the <i>Frontier Health and</i></p>	<p><b>Leaving and re-entering China:</b> If you leave China after the Asian Games, and wish to re-enter at a later date, you will need to undergo all above-mentioned pre-departure tests and meet all entry requirements before re-entering China.</p>
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<p>exit, namely Beijing Capital International Airport, Shanghai Pudong International Airport, Guangzhou Baiyun International Airport, and Urumqi Diwopu International Airport.</p>	<p><i>Quarantine Law</i> and other applicable laws and regulations in force in China.</p>	
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\*Vaccines must be approved by the World Health Organization, relevant international organisations, or national/regional authorities.

## **Principles**

### **1 Vaccination**

All Games participants are encouraged to get fully vaccinated against COVID-19 before they travel to China.

Vaccines approved by the World Health Organization, other international organisations, or national/regional authorities are all considered effective vaccines. You are considered fully vaccinated according to the requirements of your country/region of residence or national health authority where the vaccine is administered. This may depend on the requirements, types of vaccine and your personal medical history. You are considered fully vaccinated even if you are not eligible for full vaccination according to the requirements of your country/region of residence, due to proven previous infection.

### **2 COVID-19 Test**

- All Games participants are required to take a COVID-19 (PCR or antigen) test within 48 hours of boarding. Airlines will not confirm the negative test result before boarding.
- COVID-19 test services will be available at the Asian Games Village, Sub-village, OCA Family Hotels and other locations.

### **3 Management of COVID-19**

- China manages COVID-19 with measures against Class B infectious diseases.

- People with asymptomatic or mild COVID-19 may isolate and take care of themselves at their place of residence/accommodation.
- People with severe or critical COVID-19 and those who are at high risk of severe COVID-19 should seek treatment at hospitals.

#### 4 Think Hygiene

You are encouraged to practise good hygiene, including cleaning your hands regularly using hand sanitiser.

- Wash your hands regularly and use hand sanitiser where available.
- Disinfect items that can be shared with other people after each use.
- Keep the room you are staying in well ventilated.

## Your Journey Before You Travel

COVID-19-related rules for entry to China are in accordance with Chinese authorities' Asian Games policies. They apply from seven days before your travel (including pre-departure tests), as well as throughout your journey to China.

### **Pre-departure tests**

You are encouraged to get fully vaccinated against COVID-19 before you travel to China.

- All vaccines approved by the World Health Organization, relevant international organisations or authorities of relevant countries/regions are recognised.

You are required to take a COVID-19 test before your departure.

- All Games participants are required to take a COVID-19 (PCR or antigen) test within 48 hours of boarding. Airlines will not confirm the negative test result before boarding.

## Entering China

### 1 Overview

When you arrive, you must follow the instructions given by the Chinese authorities and the following protocols at the airport and for your onward journey.

### 2 Quarantine upon entry

**On arrival at a Chinese airport of entry**, please go through immigration and complete inspection procedures before having your Hangzhou Asian Games Identity and Accreditation Card (HAGIAC) validated at the Accreditation Validation Desk at The Hangzhou International Airport.

**If there are no issues** in your health declaration or that arise during the standard customs check, you will be able to enter and be free to travel in China.

**You will receive a COVID-19 (PCR or antigen) test** if your health declaration requires it or you exhibit symptoms such as fever.

- **Positive COVID-19 test result**

- If you are asymptomatic or have mild COVID-19 symptoms (with no severe underlying conditions), you may isolate and take care of yourself at your place of residence/accommodation;
- If symptoms are severe, please immediately go to hospital for

treatment.

- Negative COVID-19 test result: you will be subject to a routine customs check, as per the *Frontier Health and Quarantine Law* and other applicable laws and regulations in force in China.

## At the Games

### 1 Overview

You are encouraged to practise good hygiene, for example, by keeping your hands clean and your room well ventilated, for your own health and safety, and that of other Games participants.

### 2 Games-time health monitoring

**Every day, check if you have any symptoms of illness** such as fever, skin rashes, diarrhea, jaundice, or redness or swelling of the whites of the eyes (conjunctivitis).

- It is recommended that you bring your own thermometer to monitor your daily health, and check your health at the same time every day to ensure consistency.

#### **If you exhibit any COVID-19 symptoms:**

- You may isolate and take care of yourself at your place of residence/accommodation if you have asymptomatic or mild COVID-19 (with no severe underlying conditions);
- If symptoms are severe, please immediately go to a medical station, medical room, or the Polyclinic for treatment and also inform HAGOC.

#### **COVID-19 tests**

- COVID-19 testing services will be available at the Asian Games Village, Sub-village, OCA Family Hotels and other

locations.

### 3 Minimise physical interaction at the Games

- Public spaces and rooms will be regularly cleaned and disinfected.
- Practise social distancing and use hand sanitiser.
- Keep the room you are staying in well ventilated.



## Leaving China

### 1 Overview

- You should continue to follow the Playbook and any instructions or requirements from the Organisers, including COVID-19 and hygiene rules, throughout your departure and until you reach your destination.
- If you stay in China for the Asian Para Games after the closing of the Asian Games, you should continue to follow the rules and proper practices outlined in the Playbook.

### 2 Tests before departures from China

- Your NOC must enter your detailed departure information in the Arrivals and Departures System (ADS) as early as possible.
- Make sure you know the latest entry requirements for your destination country/region, as well as anywhere you will pass through in transit.
- If you need a test result certificate for international travel, you will be able to get a hard copy (in English and Chinese) before your departure from China.
- Upon arrival at the airport, you should go through the departure process following the airport signage.

## Further Information

### Generic Venue Planning and Operational Principles

The Playbook principles have been used to create common operational principles applying to all competition venues and major non-competition venues.

#### 1 Social distancing

- Workforce will be positioned in areas where people are likely to gather, including Pedestrian Screening Areas (PSAs), concourses, toilets, concessions, seating entrances, and venue entrances and exits. They will take necessary measures to ensure the number of people in any venue does not exceed the venue's capacity limit.
- Signage will be installed in all necessary places, including one-metre distance markers on the ground.

#### 2 Personal hygiene, cleaning, and sanitisation

- Hand sanitiser will be available at prominent places throughout each venue, including every entrance/exit, rooms where medical treatment is performed, dining areas, athlete warm-up areas, work rooms, gyms, and concourses.
- Hand sanitisers, face masks, and sufficient handwashing facilities with liquid handwash, paper hand towels, and waste bins will be provided at public spaces at each venue

(accommodation site).

- Frequently touched surfaces (doorknobs, switch panels, handrails, desks, counters, sinks, electrical switchers, elevator buttons, hand-held devices, dining tables and other areas where high-frequency contact is expected) will be regularly disinfected.

### 3 Health awareness and information

- Efforts will be boosted to promote cleaning and hygiene practices such as regular handwashing, room ventilation, social distancing, coughing etiquette, and routine cleaning and disinfection, and to increase people's health awareness.
- All workforce and volunteers will support awareness of and compliance with COVID-19 countermeasures.
- Relevant information will be released through various channels including posters, announcements, SMS, electronic displays, short videos, and manuals.

### 4 Prevention of infection in food and beverage operations

- The density of people will be controlled, depending on the severity of any local COVID-19 outbreak, and actual conditions in the dining area. The number of diners allowed into the space during peak hours will be limited;
- Dining areas will be properly ventilated and kept clean;
- Workforce will practise good hygiene and take all necessary

measures to protect themselves and other people from contracting COVID-19.

- This Playbook will be updated as required to ensure it reflects the latest epidemic policies. The next version will be published by end of July 2023.